



SCHOOL 1 - WEEK 1 STUDY GUIDE

Islamic Foundations: Introduction to Aqeedah and Tawheed

Week 1 learning goals

- Explain aqeedah in clear, age-appropriate language.
- Describe why sound belief matters in worship and daily choices.
- Identify the Qur'an and authentic Sunnah as the foundation for Islamic belief.
- Distinguish revealed evidence from opinion, habit, and culture.

How to use this guide

Bring this guide to each Week 1 class. Complete the preparation prompt before class, take brief notes during instruction, and finish the reflection after class. This is original supplemental material. It does not replace the assigned coursebook reading or the instructor's explanation.

Assigned reading: Aqeedah - Islamic Creed, Level 1, Unit 1: Introduction to Sound Aqeedah. Use only the copy provided or authorized for your study.

Steward intention: What do I hope Allah allows me to understand and practice this week?

Class 1 - What is Aqeedah?

Class focus: Define the term in your own words and connect belief to worship, character, and choices.

Listening questions

- What does aqeedah mean?
- Why is belief more than a list of facts?
- How can a belief influence a daily action?

Class notes: Record definitions, evidence references, examples, and questions.

After-class reflection: Write one belief you want to understand more clearly and one question you want to ask.

Class 2 - Why Sound Belief Matters

Class focus: Explore how a clear foundation helps a learner recognize purpose, worship Allah sincerely, and evaluate claims carefully.

Listening questions

- What makes a foundation sound?
- How can unclear beliefs affect actions?
- What is the difference between confidence and evidence?

Class notes: Record definitions, evidence references, examples, and questions.

After-class reflection: Describe one way stronger understanding could improve your worship or character.

Class 3 - Sources of Islamic Belief

Class focus: Practice identifying whether a statement is drawn from the Qur'an, authentic Sunnah, scholarly explanation, culture, or personal opinion.

Listening questions

- What is revealed guidance?
- Why must sources be identified honestly?
- What should you do when you do not know the evidence?

Class notes: Record definitions, evidence references, examples, and questions.

After-class reflection: Choose one claim from class and record its source category. Bring questions to the instructor.

Class 4 - Features of Sound Aqeedah

Class focus: Review the qualities of a sound creed and connect them to sincerity, clarity, balance, evidence, and consistency.

Listening questions

- Which qualities were emphasized in class?
- How do evidence and humility work together?
- What does consistency look like in practice?

Class notes: Record definitions, evidence references, examples, and questions.

After-class reflection: Name one understanding you will review and one practice you will begin or strengthen.

Week 1 Vocabulary

Term	My class definition	Example or evidence reference
Aqeedah		
Tawheed		
Qur'an		
Sunnah		
Evidence		
Amanah		

Week 1 Review

1. In your own words, what is aqeedah and why does it matter?

2. Name the two foundational revealed sources studied this week.

3. Give one example of separating evidence, scholarly explanation, culture, and personal opinion.

4. What question do you still have for your instructor?

Steward Practice Plan

This week I will practice what I learned by:

At the next class I will report what I noticed, learned, or need help with: